



Summer Internship Programs and Update on Mental Health Initiative



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WD&E Summer Internship Programs

SULI - Science Undergraduate Laboratory Internships

- The DOE SULI program encourages undergraduates, post-baccalaureates and graduate students to pursue STEM careers by providing internships across the 17 DOE National labs
- The summer term for SULI runs 10 weeks from May through August
- <https://education.lbl.gov/internships/suli/>

BLUR - Berkeley Lab Undergraduate Research

- BLUR places undergraduates, post-baccalaureates and graduate students with LBNL scientists, engineers, technicians and STEM professionals
- The summer term for BLUR runs 10 weeks from May through August
- <https://education.lbl.gov/internships/blur/>

Upcoming WD&E Internship Deadlines

- Student applications for Summer 2023 are due today (January 10)
- The offer notification period begins February 1 for SULI, with all offers and notifications complete by April 10 – for SULI this means matching all interns with projects at the labs
 - This means the deadline for putting forward potential student projects is this month (January)
- BLUR is on a similar timeline (2023 dates have not explicitly been updated online)

You still have time! If you're interested to host an intern this summer, contact WD&E today!

Update on Mental Health Initiative

Progress on Mental Health/Sick Leave Policy at LBNL/UC

This is a follow-up from our discussion on [April 20, 2021](#), pertaining to the sick leave policy and mental health needs.

Thanks to the combined efforts of the Nuclear Science IDEA Council, the Physical Sciences Workplace Life Committee, the Physical Sciences DEI group, and the All Access ERG Mental Health Initiative, the Director of Human Resources for LBNL presented our proposal to UC Systemwide HR to update the Absence from Work policy to be more inclusive of mental health needs.

From UC: *"We agree with your suggested revision to PPSM 2.210 (Absence from Work) to call out the parity between mental and physical illness when using sick leave, since we do, in fact, treat mental illness the same as physical illness with respect to requesting sick time under the policy."*

Nationwide Mental Health Crisis and Suicide Prevention Number

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the **988** Suicide & Crisis Lifeline), and is now active across the United States.

When people call, text, or chat **988**, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how their problems are affecting them, provide support, and connect them to resources if necessary.

Please visit <https://988lifeline.org> for more information.

Lunar New Year - January 22, 2023

- The Lunar New Year falls on Sunday January 22 this year, ushering in the Year of the Rabbit according to the Chinese Zodiac, and the Year of the Cat according to the Vietnamese Zodiac
- Lunar New Year is considered the most important festival in many Asian cultures
- Look for festival activities in your community over the period of Lunar New Year later this month
- And learn more about this cultural celebration from members of the LBNL community:
<https://global.lbl.gov/cultural-celebrations/lunar-new-year>



Getting Involved!

- K12 STEM Outreach Opportunities
 - Many roles open for WSEC co-hosted Empowerment in STEM Day
 - Many roles open for Science en Acción (SeA) bilingual STEM camp
 - Support needed in the The Berkeley Lab Director's Apprenticeship Program (BLDAP)
 - Become a High School Internship Mentor through Experiences in Research
- Visit the k12 Outreach homepage to sign up for the newsletter and read more about the programs!
 - <https://k12education.lbl.gov/home>
- Community Service Opportunities
 - Volunteer with the Food Bank of Contra Costa and Solano (FBCCS), the UC Berkeley food pantry, or the Alameda County Community Food Bank
 - Help Rebuilding Together East Bay North make home improvements to two veterans homes (this is the last weekend to volunteer on this project!)
 - Volunteer with Meals on Wheels to pack or deliver food to Berkeley's homebound seniors

Sign up to volunteer for these opportunities and more at
<https://service.lbl.gov/agency/>

IDEA Resources

- URM Job Posting funding
- [Luminary Cards](#)
- IDEA SPOT Award Program
- [LeanIn cards “50 ways to fight bias”](#)

- [Idea.lbl.gov](#)
- [Employee Resource Groups](#)
- [Physical Sciences Workplace Life Committee](#)

Consider joining the Council!

- All-volunteer effort
- Looking for people from all roles and areas of NSD

Share your ideas for topics or other feedback:

NSD-IDEA-Council@lbl.gov