Stewardship Values: Respect

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Scientific achievement is rooted in the past, is cultivated to full stature by many contemporaries and flourishes only in a favorable environment. No individual is alone responsible for a single stepping stone along the path of progress, and where the path is smooth, progress is most rapid.

<u> Audio Clip</u>



The Stewardship Core Values

https://stewardship.lbl.gov/





WE CARE FOR ONE ANOTHER

We depend on contributions from many people, disciplines, and roles to unlock the potential of individuals and teams. Each of us takes responsibility for the well-being, safety, and belonging of others in our communities.

https://stewardship.lbl.gov/values/



Associated Behaviours

- Show appreciation for and actively recognize others' contributions
- Promote a climate of belonging.
- Openly receive feedback about the impact of your words & actions.
- Assume positive intent & listen actively
- Act as an upstander by speaking up when witnessing behavior that does not align with stewardship values
- Take personal responsibility toward sustainability goals for the planet.

https://stewardship.lbl.gov/values/

Work and life intersect in many ways, and it is important to strive for a balance that is constructive and healthy, both mentally and physically. As integral members of Berkeley Lab and the Physical Sciences Area, we in the Nuclear Science Division strive to deliver on our science mission while embodying the <u>Lab's stewardship values</u> of Team Science, Service, Trust, Innovation and Respect in all we do. With the below agreement, we aspire as a community to identify a common set of guidelines, and articulate our shared values and intentions, all to empower ourselves to advocate for work-life balance and support each other through our actions. The agreement builds on the work by the <u>Physical Sciences' Workplace Life Committee</u> and the <u>Work-Life-Balance policy statement</u> by the PSA.

Our responsibilities to the community

We have moral and ethical responsibilities as citizens of the scientific community and the world. To fulfill these responsibilities, we will:

- Strive for scientific excellence while conducting ourselves with integrity and professionalism
- Represent the Lab's stewardship values to the broader community

Our responsibilities to our colleagues

We belong to teams. To engage and communicate with them respectfully and effectively we should prioritize one another by:

- · Expressing encouragement and appreciation
- Supporting each other with constructive feedback when appropriate
 Allowing others to be their authentic selves and treating them with the
- same fairness and respect that we expect to be shown to us

 Empowering different work styles and modalities for mutual success
- Demonstrating transparency in decision-making and including others in shared decisions
- Working within each other's work-life boundaries
- Protecting each other's health and respecting each other's privacy

Our responsibilities to the Lab

We are each a part of the larger Lab community, working together toward a shared mission. We can enact this by:

- · Ensuring responsible stewardship of resources
- · Contributing to a strong safety culture
- · Incorporating the Lab's stewardship values in our work
- Leading by example; doing so effectively, responsibly, and with accountability
- · Listening to others' perspectives on work environment and research
- Raising concerns through appropriate channels, holding ourselves and each other accountable

Our responsibilities to ourselves

We are all individuals who thrive when embodying self-care, living authentically, and protecting our boundaries. We can realize our best selves by:

- · Prioritizing our own physical and mental health
- Using sick leave and other types of leave when needed
- Setting work-life boundaries that are effective for ourselves, e.g. by unplugging after hours or when on vacation
- Recognizing that admitting mistakes or asking for help are not signs of weakness



Actions to take

Stewardship Values Toolkit - Discussion Guide

- Teams should discuss their workplace culture and dynamics regarding the value of "respect"
 - The Stewardship "Values Conversion Toolkit" helps guide teams through this.
- Individuals should contribute to fostering a respectful workplace culture where everyone feels safe,
 valued, and empowered to do their best work
 - Thank team members and recognize them for their contributions.
 - Provide constructive feedback.
 - Prioritize clear communication, encourage active listening, and demonstrate empathy and understanding.
 - Be responsible for your own actions and hold yourself and others accountable.
 - Be an upstander and call out disrespectful behaviour



Resources

- Principles of People Stewardship
- Team Building & Creating a Stewardship Culture
- Appreciation
 - SPOT Awards
 - "Nuclear Science Community Recognition" (Bucketlist)
 - Director's Awards
- Constructive Feedback
 - Coaching with Feedforward
- Working with different workstyles/modalities
 - Flexible Work Resources
 - Courses for individuals and managers
 - Building Relationships & Teams













Next Steps

A deeper dive into the remaining core value



Community Resources

- NSD Job Posting Assistance Fund
- stewardship.lbl.gov
- NSD Community Agreement
- Employee Resource Groups

Consider joining one of the Committees!

- Community Stewardship
 Committee <u>NSD-CSC@lbl.gov</u>
- Outreach Committee <u>NSD-Outreach@lbl.gov</u>

Get Involved in Service and Outreach This Month!

K-12 STEM Outreach Opportunities

- Be a presenter for the Reverse Science Fair
- Assist with hands-on STEM activities for Bay
 Area 6th graders
- Support the Science en Acción (SeA) STEM camp 2025
- Career Panelists needed for March High School STEM Day
- Be a judge for the Contra Costa County
 Science Fair
- Visit the K-12 Outreach and Education homepage to sign up for the newsletter and read more about the programs!
 - https://k12education.lbl.gov/home

Community Service Opportunities

- Volunteer with the Food Bank of Contra
 Costa and Solano (FBCCS), the UC Berkeley
 food pantry, or the Alameda County
 Community Food Bank
- Volunteers Needed for the Berkeley Lab Booth at Warriors' STEAM Fest
- Volunteer with Meals on Wheels
- Become a tech volunteer for Ashby Village
- Get involved with Homies Empowerment
- Become a STEM Ambassador for Lawrence Hall of Science

Sign up to volunteer for these opportunities and more at https://service.lbl.gov/need/





Thank you