

# Updates

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- **No change to entry requirements**
- **Everyone is still required to wear face covering indoors (unless alone in closed room)**
- **Complete Vaccine Declaration by November 1**
- **Minimum of 2 weeks for travel approvals (Domestic)**
  - **Volker's approval is first**
  - **NO Conference approvals**
- **COVID Self-Tests available in B050**

# ISM

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## 5 Steps That We Work By

- Plan your Work (WPC Work Scope)
- Identify the Hazards
- Required Controls in place
- Perform the Work
- Feedback

**Even a small change in a routine task can lead to reportable injury**

ENG1002: ISM 101 Hazards of Routine Work

- <https://training.lbl.gov/ehs/training/webcourses/ENG1002/story.html>

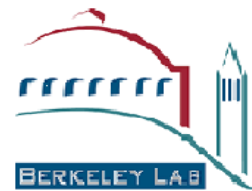
# Back Again



Ergonomic safety is still a top concern.

- Do not work directly on your laptop!
- Create ways to move at least every 20-30 minutes
- Has your work changed? (ISM)
- Resources at <https://ergo.lbl.gov/>
- Ergonomics Training
  - EHS 0054 Ergonomics Telework Training
  - EHS 0059 Ergo Self-assessment for Computer Users





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# QUESTIONS?