

Updates



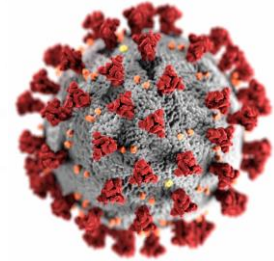
- **Still at Maximum Telework**
- **Same entry requirements**
 - **Stay home if not feeling well**
- **New COVID testing site still at the Horseshoe parking lot**
- **Except delays in support**
 - **20% of Operations staff being affected by COVID**
- **Notify Supervisor and Medical if positive or exposed**
 - **Can also call COVID line (510-486-5000)**

ALARA

As Low As Reasonably Achievable



Can apply to any type of exposure



Time



Distance

- Stay at least 6' away whenever possible
- Eat and meet outdoors

Shielding

- Face Coverings



Instruments

- The lab's self-testing



Face Coverings



Lab is now offering employees N-95 masks

A face covering gives minutes. A respirator gives hours.

According to CDC, an uninfected person with no face covering can be infected if within 6 feet of an infected person for 15 minutes. The time increases to 27 minutes if both are wearing a cloth FC, and to 2,500 hours if both are wearing a fit-tested N95 FFR. The table below indicates time to infection for other combinations.

		RECEIVER IS WEARING				
		Nothing	Cloth FC	Surgical Mask	N95 FFR (10%)	N95 FFR (1%)
SOURCE IS WEARING	Nothing	15 MIN	20 MIN	30 MIN	2.5 HR	25 HR
	Cloth FC	20 MIN	27 MIN	40 MIN	3.3 HR	33 HR
	Surgical Mask	30 MIN	40 MIN	60 MIN	5 HR	50 HR
	N95 FFR (10%)	2.5 HR	3.3 HR	5 HR	25 HR	250 HR
	N95 FFR (1%)	25 HR	33 HR	50 HR	250 HR	2,500 HR

Email RPP@lbl.gov to receive N-95 masks

Questions

